

What to prepare

Sunday, 29.10.

Presentation of Delegation

During this workshop each group prepares a poster about their home town and about themselves. For the presentation they should also focus on the European dimension.

So please prepare:

- Pictures of the participants
- Pictures of your town
- **3 words/things that characterize the town and the youngsters' attitude towards Europe**

You will have time to prepare a poster in Ravensburg, so there is no need to bring something readymade!

Each group then has 5 minutes to present themselves.

Monday, 30.10.

European Family Tree

We want to trace our families in Europe so each participant (and teamer) is asked to find out the country of origin of

- Their parents
- Their grandparents
- Their greatgrandparents

It is enough to know the countries.

Monday, 30.10.

International buffet

We want to prepare an intercultural buffet for dinner so please bring:

- Typical dishes, sweets, etc.
- Decoration for the table of your delegation

We have the possibility to store food in a fridge. We have kitchens, if you want to prepare a warm dish – please let me know if you need to use the kitchens!!

If you need any ingredients that you cannot carry with you, but know for sure that you can buy it in Germany, you can buy here! Send me a list of those ingredients before your arrival!!

About quantity: the last times there was so much food, we had to throw away a lot. **We don't want to do this anymore.** When there is a lot of different dishes to try nobody will eat a whole plate of one dish only and not try the rest! So when you plan on your dishes, please think of an average family of **five to six people!** I repeat: **WE DON'T WANT TO THROW AWAY MASSIVE AMOUNTS OF FOOD AFTER THE DINNER.**

Cultural contributions

Each group has the possibility to share even more of their culture. We will have three evenings, where the cultural contributions will take place: **Sunday, Monday and Tuesday.** We are 11 groups, so each evening will see 3-4 groups with their cultural contribution. On the first evening in Ravensburg we will draw the day for each delegation.

Please prepare a short song, sketch, theatre, dance with your group, that you want to share with the rest of the group. Inform me about what you need (music, laptop, etc.), so that everything is ready!

Please don't think too conservative: we want to experience the culture the young people actually live!

What to bring

1. We are sleeping on inflatable camping mats, for a comfortable week bring:
 - **Sleeping bag or warm blanket and pillow** (please inform us if any participant cannot bring his/her own sleeping bag!!)
 - **Towels**
 - **Flash light** (so you don't have to wake the whole room, when going to the bathroom at night)
2. **Enough clothes** for a week: November is a tricky month in Germany, it might be quite nice, but it can also snow. Be prepared and bring warm clothes and an **umbrella**
3. The sports hall of the school can be used, so if you want to do some sports in your free time, bring sports clothes and shoes.
4. Anything that adds to the **good mood**: music instruments, costumes, CDs, games etc...
5. Don't forget your **tickets, passports, money** (if you want to do some shopping), and **health insurance card**
 - >> Within the European Union your national health insurance card also is a European Health Insurance Card and allows you to get medical treatment wherever in the EU you are (check the back of your national card).
 - If you come from a non- EU country, please remember to take out a health insurance for the week you spend in Germany and bring the confirmation.

